SARAH GRIFFITH

Actor + Writer + Improviser + Stand-Up
SAG Eligible

Height: 5'2"
Eye Color: Hazel
Hair Color: Brown

skgriffith10@gmail.com
Hollywood, CA
Houston, TX

THEATRE

The Little Mermaid x Camp	Ariel/Ursula	Camp LA | Dir. Tom Salamon
Bluey x Camp	Performer	Camp LA | Dir. Tom Salamon
Meet the Roommates	Emelyn	El Centro Theatre | Dir. Jon Taylor
The Woman in the Mirror	Various/Stage Direction.	Hudson Theatre | Dir. Mia P. Walker
Or What You Will***	Various	Poor Monster's | Dir. Various
As You Like It	Duke Frederick/Audrey	SLU | Dir. Nancy Bell
The 25th Annual Putnam…	Loggaine Schwartzy	SLU | Dir. Alan Knoll
Bus Stop	Grace	SLU | Dir. Sarah Whitney

FILM

The Spider	Supporting	Dir. Adam Ganser
The 7 Lives of Sara Blanchard**	Supporting	Dir. Kevin Ruiz
Can't Stay Long**	Lead	Dir. Tiffany Hutson
Guadalajara**	Supporting	Dir. William Napier

TELEVISION

Expedition Files	Supporting	Dir. David Klassen
Justice for All with Cristina Perez	Lead	Dir. Aashna Patel
Buried in the Backyard	Supporting	Dir. Douglas Elford-Agent

VOICE-OVER

Anxiety in the Spring (with BetterHelp)	Ingri	Dir. Ingri Skai | ADHD Couple
ADHD & Perfectionism	Ingri	Dir. Ingri Skai | ADHD Couple
What To Know About ADHD	Ingri	Dir. Ingri Skai | ADHD Couple
Living with Anxiety	Ingri	Dir. Ingri Skai | ADHD Couple
Bewilderments and Scientifics	Dr. Teresa Malback	Dir. Abe Epperson | Small Beans Comedy
Bean Town II	Misc. Characters	Dir. Abe Epperson | Small Beans Comedy

IMPROV/SKETCH

Lloyd Night	Self	Upright Citizens Brigade (2024)
Dads, Grads, and MoHos*	Various	Fred Willard's MoHos
Fright Night: The Return of Freddy**	Various	Fred Willard's MoHos

ONLINE SERIES

New Low*	Lead	Dir. Johno Faherty | Bad Collab
Guy On First Date Can Only…	Lead	Dir. Alex Griffin | Funny or Die

*Written by
**Award-winning

TRAINING

Upright Citizens Brigade	Improv 101 - 401 Intro to Stand-Up	Brennan Lee Mulligan, Mano Agapion, Gavin Speiller, Brian Finkelstein, Devin Field
Jamison Jones Acting Studio	The Masterclass	Jamison Jones
Fred Willard's MoHo Sketch Group		Fred and Mary Willard
National High School Institute	Cherubs	Various
The High School for the Performing and Visual Arts (HSPVA)	Theatre	Suzanne Jennings, Stephanie Wittels, Cynthia Ogden, Matt Hune

SPECIAL SKILLS

Content creation (over 18k followers across 3 platforms); podcasting (3 podcasts averaging 12k listens per episode); sketch writing; playwriting; screenwriting; improvisation (long and short form); stand-up; hosting; singing (alto); beginner dance (modern, ballet, musical theatre); dialects and dialectical training; voice over; stage management; production management; photography; graphic design; US passport holder; valid CA drivers license; vaccinated; proud owner of an incredible head of hair.